

December 2024 BOOKLIST

NWBKS01

Non-Fiction	*denotes Canadian	
Call Number	Author	Title
070.4495 McD	McDonald, Bob*	Just say yes: a memoir
128 May	May, Todd	Should we go extinct?: a philosophical dilemma for our unbearable times
133.10973 Mil	Milford, Stanley	The paranormal ranger: a Navajo investigator's search for the unexplained
152.46 Ken	Kennedy, Russell	Anxiety Rx: a revolutionary new prescription for anxiety relief—from the doctor who created it
153.75 Sil	Silver, Nate	On the edge: the art of risking everything
153.8 Yea	Yeager, David	10 to 25: the science of motivating young people
155.26 Wil	Wilcox, Christina	Take care of your friends: an enneagram guide to interpersonal relationships
158.1 Bur	Burkeman, Olive	Meditations for mortals: four weeks to embrace your limitations and make time for what counts
158.1082 Giv	Given, Florence	Women living deliciously
158.2 Col	Cole, Terri	Too much: a guide to breaking the cycle of high-functioning codependency
158.2 Wes	Westheimer, Ruth K.	The joy of connections: 100 ways to beat loneliness and live a happier and more meaningful life
170.9 Sau	Sauer, Hanno	The invention of good and evil: a world history of morality
282.092 Fra	Higgins, Michael W.	The Jesuit disruptor: a personal portrait of Pope Francis
302.2 Eri	Erikson, Thomas	Surrounded by liars: how to stop half-truths, deception, and gaslighting from ruining your life
302.2 Off	Off, Carol*	At a loss for words: conversation in

		the age of rage
303.4834 Kah	Kahn, Jeremy	Mastering AI: a survival guide to our superpowered future
305.40954 Ans	Ansari, Sadiya*	In exile: rupture, reunion, and my grandmother's secret life
305.42 Giv	Givens, Florence	Women don't owe you pretty
305.42092 Els	El'Sana-Alh'jooj, Amal*	Hope is a woman's name: my journey as a Bedouin Palestinian activist in Israel
305.5234 Abr	Abrahamian, Atossa Araxia	The hidden globe: how wealth hacks the world
305.5692 Oos	Oosterman, Jo-Ann C.*	Tom's story: my 16 year friendship with a homeless man
306.0971 Lor	Loreto, Nora*	The social safety net
306.4613 Man	Manne, Kate	Unshrinking: how to face fatphobia
306.81 Ras	Raskin, Allison	I do (I think): conversations about modern marriage
307.1416 Whi	Whittle, Natalie	Shrink the city: the 15-minute urban experiment and the cities of the future
320.53 McG	McGoogan, Ken*	Shadows of tyranny: defending democracy in an age of dictatorship
330 Mil	Mill, Alfred	Economics 101: from consumer behavior to competitive markets—everything you need to know about economics
332.4048 Cho	Chow, Andrew R.	Cryptomania: hype, hope, and the fall of FTX's billion-dollar fintech empire
338.47615 Ros	Rosenberg, Martha	Big food, big pharma, big lies: exposing the dangers within the pharmaceutical and agriculture industries
338.4791 Bur	Burgess, Steve*	Reservations: the pleasure & perils of travel
339.20971 Osb	Osberg, Lars*	The scandalous rise of inequality in Canada
355.031 Ben	Benjamin, Medea	NATO: what you need to know
361.2 Ang	Angus, Charlie*	Dangerous memory: coming of age in the decade of greed
362.1 Mak	Makary, Marty	Blind spots: when medicine gets it wrong, and what it means for our health

362.19699 Col	Coleman, Katie	Too young for cancer: one woman's battle for a diagnosis and a fighting chance
362.19699 Fox	Fox, Terry*	Hope
363.285 Mol	Molnar, Petra	The walls have eyes: surviving migration in the age of artificial intelligence
364.1523 Bar	Barrie, Brian*	Four bullets, four witnesses, four liars: the true story of a murder and the trial that followed
364.1523 Bel	Bell, Amy*	Life sentence: how my father defended two murderers and lost himself
364.1523 Bou	Elliott, John*	A mother's betrayal: the murder of Karissa Boudreau and the RCMP investigation that uncovered the truth
371.4047 Cri	Crist, James J.	I'm here: a peer counseling guide for teens
398.2 Boa	Boardman, Adam Allsuch	An illustrated history of urban legends
516.24 Par	Parker, Matt	Love triangle: how trigonometry shapes the world
540.92 Cur	Sobel, Dana	The elements of Marie Curie: how the glow of radium lit a path for women in science
551.483 Tay	Taylor, Eric B.*	Rivers run through us: a natural and human history of great rivers of North America
551.552 Fox	Fox, Porter	Category five: superstorms and the warming oceans that feed them
567.3 Lon	Long, John	The secret history of sharks: the rise of the ocean's most fearsome predators
577.7 Sca	Scales, Helen	What the wild sea can be: the future of the world's ocean
591.68 Run	Rundell, Katherine	Vanishing treasures: a bestiary of extraordinary endangered creatures
610 Hot	Hotz, Julia	The connection cure: the prescriptive power of movement, nature, art, service, and belonging
612.32 Ric	Richardson, Elsa	Rumbles: a curious history of the gut: the secret story of the body's most

		fascinating organ
612.405 Nie	Nieuwdorp, Max	The power of hormones: the new science of how hormones impact every aspect of our health
612.8 Mag	Maguire, Jessica	The nervous system reset: heal trauma, resolve chronic pain, and regulate your emotions with the power of the vagus nerve
613.7108 Kno	Knopt, Karl	The strength training bible for seniors: customizable workouts for any age to stay strong, active, and healthy
616.8 Ste	Stecher, Benjamin	Reprogramming the brain: a guide to the future of the brain and neuromodulation by a patient and his doctor
616.80092 Sac	Sacks, Oliver	Letters
616.831 Fen	Fenker, Richard	Don't rain on my parade: living a full life with Alzheimer's and dementia
616.831 Fru	Frumkin, Kenneth	Aging or Alzheimer's?: a doctor's personal guide to memory loss, cognitive decline, and dementia
616.8522 Sch	Schaeffer, Charles	When panic happens: short-circuit anxiety & fear in the moment using neuroscience & polyvagal theory
616.8527 Lei	Leibowitz, Kari	How to winter: harness your mindset to thrive on cold, dark, or difficult days
616.8527 Wil	Williams, Mark	The mindful way through depression: freeing yourself from chronic unhappiness
616.8588 Ver	Vermeulen, Peter	What really works for children with autism
616.85882 Gra	Grandin, Temple	Autism & adolescence: the way I see it
636.7 Tod	Todd, Zazie	Bark!: the science of helping your anxious, fearful, or reactive dog
636.8 Bea	Beata, Claude	The interpretation of cats: understanding the psychology of our feline companions
640.73 Pil	Pilgrim, Teralyn	No scrap left behind: my life without food waste
641.5 Lei	Leith, Prue	Life's too short to stuff a mushroom: really good food without the fuss

641.5945 Gua	Guarnaschelli, Alex	Italian American forever: classic recipes for everything you want to eat
641.6379 Nel	Nelson, Willie	Willie & Annie Nelson's cannabis cookbook: mouthwatering recipes and the high-flying stories behind them
641.813 Mat	Matheson, Matty*	Soups, salads, sandwiches
641.815 Moo	Moore, Tom*	Crust: essential sweets and savories from Victoria's beloved bakery
641.875 You	Youngson, Meredith	Super tonics: 75 adaptogen-packed recipes for sleep, beauty, and wellness
643.7 Diy		DIY trade secrets: over 225 tricks of the trade
649.123 Tob	Tobin, Cathryn	Toddlers made easy: become the parent every child needs
649.63 Fla	Flannery-Schroeder, Ellen	Banish bedtime battles: the ultimate six-week plan to help your school-aged child sleep independently
657 Lau	Laurin, Cecile*	Accounting for Canadians
708.1471 Bri	Bringley, Patrick	All the beauty in the world: the Metropolitan Museum of Art and me
720.87 Liv	*	Living disability: building accessible futures for everybody
745.723 Rec	Rechl, Christine	Rock painting for beginners: a complete guide to techniques and supplies with 50 original designs to inspire you
746.4222 Dec		Decorative macrame: 20 stylish projects for your home
746.434 Lap	Lapp, Megan	Crochet monsters: with more than 35 body patterns you can mix and match for thousands upon thousands of possibilities
746.434 Mor	Morgan, Leonie	Corner-to-corner afghans: 20 colorful C2C designs to crochet
746.44 Plo	Ploof, Alyssa	Handmade holiday: festive embroidery patterns and techniques for Christmas crafting
769.56 Pos		Postage stamp prices: United States, United Nations, Canada & provinces: Confederate States, U.S. possessions. U.S. trust territories, and

		comprehensive U.S. stamp identifier
778.932 Hal	Hall, Ben	The wildlife photography workshop
782.42164 Swi	Zaleski, Annie	Taylor Swift: the stories behind the songs
791.43028 Bis	Bishop, Kelly	The third Gilmore girl: a memoir
791.45092 Car	Zehme, Bill	Carson the magnificent
796.323092 Der	DeRozan, Demar	Above the noise: my story of chasing calm
796.352092 Woo	Patterson, James	Tiger, Tiger: his life, as it's never been told before
796.5 Dus	Dust, Donny	Wild wisdom: primal skills to survive in nature
796.962092 Sun	Sundin, Mats	Home and away
796.96264 Gly	Glynn, Steve*	Hockey rants & raves
910.2 Eng	Engelhaupt, Erika	Go to Hell: a traveler's guide to Earth's most otherworldly destinations
917.1504 Hem	Hempstead, Andrew	Moon Nova Scotia & Atlantic Canada 2024
919.6921 Bal	Balfour, Amy	Lonely planet Maui 2024
940.5318 Hea	Heath, Chris	No road leading back: an improbable escape from the Nazis and the tangled way we tell the story of the Holocaust
940.5412 Co0	Cook, Tim*	The good allies: how Canada and the United States fought together to defeat fascism during the Second World War
940.54867 Gra	Graham, Elyse	Book and dagger: how scholars and librarians became the unlikely spies of World War II
941.084 Win	French, Paul	Her lotus year: China, the roaring twenties, and the making of Wallis Simpson
941.085092 Eli	Brown, Craig	Q: a voyage around the Queen
941.086092 Joh	Johnson, Boris	Unleashed
943.08609 Eva	Evans, Richard J.	Hitler's people: the faces of the Third Reich
945.65092 Mel	Meleady, Rosie	A Rosie life in Italy: move to Italy. buy a run-down villa. what could go wrong?

FICTION	*denotes Canadian	
Author	Call number	Title
Abel, Jordan	FIC Abel *	Empty spaces
Abercrombie, Joe	FIC Aberc	The trouble with peace: book two of The age of madness
Adderson, Caroline	FIC Adder *	A way to be happy: stories
Andrews, V.C.	FIC Andre	Dreaming of autumn skies
Armentrout, Jennifer	FIC Armen	A soul of ash and blood
Armentrout, Jennifer L.	FIC Armen	A kingdom of flesh and fire
Baldacci, David	FIC/FIC LP Balda	To die for: a 6:20 man thriller
Barrett, Colin	FIC Barre	Wild
Berkhout, Nina	FIC H Berkh *	This bright dust: a novel
Bhat, Shashi	FIC Bhat *	Death by a thousand cuts: stories
Blacke, Olivia	FIC Black	A new lease of death: a novel
Brickman, Sophie	FIC Brick	Plays well with others
Brown, Graham	FIC Brown	Clive Cussler desolation code
Bublitz, Jacqueline	FIC M Bubli	Leave the girls behind: a novel
Bullwinkel, Rita	FIC T Bullw	Headshot
Cameron, W. Bruce	FIC Camer	My three dogs
Cauchi, Caroline	FIC H Cauch	Queen of the Mist
Cawthon, Scott	FIC T Cawth	Five nights at Freddy's: an interactive novel: The week before
Chacour, Eric	FIC Chaco	What I know about you
Chambers, Clare	FIC Chamb	Shy creatures: a novel
Chambers, Diana R.	FIC H Chamb	The secret war of Julia Child: a novel
Chizmar, Richard	FIC Chizm	Memorials: a novel
Chong, Corinna	FIC Chong *	Bad land: a novel
Chouinard, Michelle	FIC M Choui	The serial killers guide to San Franciso
Chronister, Kay	FIC Chron	The bog wife: a novel
Cook, Emma	FIC Cook	You can't hurt me
Cutter, Nick	FIC Cutte	The queen: a novel
Dahlin, Nicola	FIC T Dahli *	If we tell you
Everett, Percival	FIC Evere	James
Fuston, Margie	FIC T Fusto	The revenant games
Giles, Lamar	FIC T Giles	Ruin road

Gilmore, Laurie	FIC Gilmo	The Cinnamon Bun Book Store
Girma, Tigest	FIC Girma	Immortal dark
Goodwin, Tracy	FIC Goodw	Imperfectly perfect
Gorman, W.R.	FIC T Gorma	We kept her in the cellar
Hasting, Jesse	FIC Hasti	Magnolia Parks
Hastings, Jessa	FIC Hasti	Daisy Haites
Hastings, Jessa	FIC Hasti	Magnolia Parks into the dark
Hawkins, Paula	FIC Hawki	The blue hour
Haysom, Jenny	FIC Hayso *	Keep: a novel
Hobbs, Elizabeth	FIC M Hobbs	Misery hates company: a novel
Holdom, K.J.	FIC H Holdo	The end and the beginning: a novel
Huang, Ana	FIC Huang	The striker
Hunter, Erin	FIC T Hunte	Star
Jennings, Maureen	FIC Jenni *	March roars: A Paradise Café mystery
Jensen, Danielle L.	FIC Jense	The bridge kingdom
Joseph, Sheri T.	FIC Josep	Edge of the known world: a novel
Kawaguchi, Toshikazu	FIC Kawag	Before we forget kindness
Kempadoo, Oonya	FIC Kempa	Naniki
Klavan, Andrew	FIC Klava	A woman underground
Kovacic, Katherine	FIC Kovac	Kill yours, kill mine
Lippincott, Rachel	FIC T Lippi	Make my wish come true
Liu, Cixin	FIC T Liu	The three-body problem
Lyle, Jennifer	FIC T Lyle	Snow drowned
MackKay, Jed	FIC T Blood	Blood Hunt
March, Emily	FIC March	Second chance season
Margolin, Phillip	FIC M Margo	An insignificant case: a thriller
Meacham, Leila	FIC Meach	April storm: a novel
Mendelson, Charlotte	FIC Mende	Wife
Moore, Alan	FIC Moore	The great when
Noda, Hiroshi	FIC T Noda	No longer allowed in another world, vol. 7
Novak, Ali	FIC T Novak	The heartbreakers
O'brien, Lee Paige	FIC T Obrie	A hundred vicious turns
O'Connor, Carlene	FIC M Oconn	You have gone too far
Oakes, Colleen	FIC T Oakes	Eleven houses
ONE	FIC T One	One-Punch-Man, vol. 29

POCKET BOOKS		
Anderson, Taylor	PB And	Purgatory's shore
Bruns, Catherine	PB Bru	In the blink of a pie
Cox, Charly	PB Cox	All his pretty girls
Daniels, B.J.	PB Dan	Dead man's hand
Hollis, Lee	PB Hol	Christmas mittens murder
Long, Julie-Anne	PB Lon	The beast takes a bride
Miller, Linda Lael	PB Mil	Christmas in Painted Pony Creek
Moss, Korina	PB Mos	Fondue or die
Murphy, Julie	PB Mur	A merry little meet cute
Quigley, Mindy	PB Qui	Sleep in heavenly pizza
Yates, Maisey	PB Yat	Hero for the holidays
Zahn, Timothy	PB Zah	The Icarus twin