

FIND MORE RECIPES AT THE NBPL!

Check out these resources for more recipes and information about spices!

Cookbooks can be found at 641.5 in the non-fiction section.

Books about spices can be found at 641.338 in the non-fiction section.

This month's spice was purchased at Bins and Bins at 107 Shirreff Ave., North Bay, ON.

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Tell them the NBPL sent you! Receive 10% off your purchase at Bins and Bins when you mention our Spice Club!

SHOW US WHAT YOU'VE MADE!

Post your photos and tag us @north_baypl or email us at northbaypublib@gmail.com.

Spice Club

JUNE 2025: MONTREAL STEAK SPICE



THIS MONTH'S SPICE: MONTREAL STEAK SPICE

CHEESEBURGER SALAD

INGREDIENTS

- 1 pound ground beef
- 2 teaspoons Montreal steak seasoning
- 6 cups torn iceberg lettuce
- 2 cups shredded cheddar cheese
- 1 cup salad croutons
- 1 medium tomato, chopped
- 1 small onion, halved and thinly sliced
- 1/2 cup dill pickle slices
- Thousand Island salad dressing

INSTRUCTIONS

- In a large bowl, combine beef and steak seasoning, mixing lightly but thoroughly. Shape into twenty 1/2-in.-thick patties. Grill mini burgers, covered, over medium heat, 3-4 minutes on each side or until a thermometer reads 160°.
- In a large bowl, combine lettuce, mini burgers, cheese, croutons, tomato, onion and pickles. Serve with salad dressing.

DID YOU KNOW?

Montreal steak spice/seasoning is the invention of Morris Sherman (a.k.a "The Shadow") a boilerman at Schwartz' in Montreal. The spice blend was so poular that customers wanted to take it home to their own kitchens, and it was soon being sold along side sandwiches.

Now, delis and restaurants across the country use and sell their own versions of the blend. You can still get the original at Schwartz' in Montreal.

Sources:

https://www.chowhound.com/1798792/m ontreal-steak-seasoning-history/

Tag us on Facebook or @north_baypl on Instagram to show us what you make!

This month's recipe is from tasteofhome.com